## L.A

## **ABSTRACT**

Foamed and solid, flax-filled composites. The flax filler may be used as a substitute for wood fiber, wood flour, and other cellulosic fillers in synthetic wood composites. The flax filler may be present in an amount up to about 55% by weight of an exemplary solid composite. In an exemplary foamed composite, the flax filler may be present in an amount up to about 40% by weight.